

Male BHRT Medical History Form



Name _____
 Last Middle First
 Address _____ Height _____ Weight _____ Sex M / F
 City _____ State _____ Zip _____ DOB _____ Age _____ Marital Status _____
 Phone _____ Email _____ Occupation _____

Allergies:

Medications, OTC, Vitamins:

Medical Conditions/Diseases (Please check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Heart disease - Type: _____ | <input type="checkbox"/> Lung disease (ex: asthma, COPD) |
| <input type="checkbox"/> High cholesterol or lipids | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Arthritis or joint problems |
| <input type="checkbox"/> Cancer - Type: _____ | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Thyroid disease | <input type="checkbox"/> Headaches / migraines |
| <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Persistent urinary tract infections |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Other - Please list: _____ |
| <input type="checkbox"/> Erectile/Testicular/Prostate Problems - Type: _____ | |

Do you have a history or family history of any of the following?

	Yes	No	Family Member(s)
Prostate Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____
Testicular Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____

Have you had any of the following procedures / exams?

	Yes	No	Date / Results
PSA	<input type="checkbox"/>	<input type="checkbox"/>	_____
Prostate Exam	<input type="checkbox"/>	<input type="checkbox"/>	_____
Colonoscopy	<input type="checkbox"/>	<input type="checkbox"/>	_____
Vasectomy	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sexually transmitted infections	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please answer the following questions

- Do you have any children? Yes No
- Do you plan to have more children? Yes No
- Do you currently have a partner who is pregnant and/or breastfeeding? Yes No
- Have you used steroids in the past? Yes No
- Do you currently use steroids? Yes No
- Are you currently sexually active? Yes No

Do you use any of the following?

	Yes	No	If <u>yes</u> , how often and how much
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	_____
Caffeine	<input type="checkbox"/>	<input type="checkbox"/>	_____
Soy	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other	<input type="checkbox"/>	<input type="checkbox"/>	_____

Do you have trouble starting or maintaining an erection?

Yes No If yes, have you used any medications for it?

What did you use?

Did it help? If no, please explain.

Do you use nitrates for chest pain? Yes No

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Please answer the following questions

Have you ever used hormone replacement therapy? Yes No

If yes, list medications, dose, directions, and duration of treatment

Did you have any problems? If yes, please explain.

Do you exercise? Yes No

If yes, please describe your routine.

Do you currently follow a special diet? Yes No

If yes, please explain.

What are your top three goals for starting Hormone Replacement Therapy?

1. _____
2. _____
3. _____

I am not seeking medical treatment for any body enhancement, body building or performance enhancement of any kind.

I am seeking this treatment for legitimate medical purposes.

Patient Signature _____ Date _____